



Inmans Primary School

Sex and Relationship Education Policy

Date	Written By	Approved by	Review Date	Approved by Governors
March 2020	S Fellows	SLT	March 2022	Pending

At Inmans Primary School we adhere to the national curriculum which firmly places formal Sex and Relationships Education into KS3. However, we also follow advice from the DfE which recommends that all primary school should have a sex and relationship education programme (SREP) tailored to the age and the physical and emotional maturity of the children. For the rest of this policy Sex and Relationship Education will be considered as part of a comprehensive Personal, Social, Health Education Programme (PSHE) and also part of the science programme of science.

The SREP is taught as part of PSHE education to help pupils understand their physical, moral and emotional development, in order for them to form positive age appropriate relationships, clarify attitudes and values and grow in self-esteem.

Ethos

Our Mission Statement reflects the ethos of our school where each individual is valued and respected. We actively seek to promote self-esteem. We share in a responsibility to care for each other within the school and to be sensitive to the feelings of others.

Morals and Values Framework

We seek to instil the values of stable loving relationships, respect for others with different backgrounds and view and a respect for self, personal responsibility, justice, honesty and empathy.

Equal Opportunities

The provision of the sex and relationship programme is available to all pupils, without exception. The majority of the teaching is delivered to mixed classes. There are however provisions made for single sex sessions to take account of certain issues which need to be addressed e.g. surrounding puberty issues raised by the pupils. To make the sex education programme appropriate to their needs, girls have time to discuss the practical side of menstruation and boys have time to discuss their own development.

Aims

The purpose of our Sex and Relationship teaching are:

- To enable pupils to understand physical development at appropriate stages.
- To learn the value the value of loving relationships and family life.
- To learn to manage relationships with confidence and sensitivity.

- To develop self-respect, self-esteem and empathy for others.

Coverage and Delivery

The sex and relationships programme is part of the wider PSHE programme and science programme of study. Therefore children will at the appropriate age focus on

EYFS/KS1

- notice that animals, including humans, have offspring which grow into adults
- find out about and describe the basic needs of animals, including humans, for survival (water, food and air)
- describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.
- identify and share feelings with one another
- recognise safe and unsafe situations and identify someone they are able to talk to and trust.

KS2

- identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eat
- differences in life cycles
- describes the changes as humans develop into old age, including focusing on puberty
- learn to express their opinions about relationships and bullying and listen to and support others, including respecting other people's viewpoints and beliefs.
- learn to recognise their own worth and identify positive things about themselves and try to balance the stresses in life in order to promote their own mental health and wellbeing of others.

Information to Parents

Parents are able to read the policy and receive a copy at their request. They are informed of the pupil's participation in any non statutory (upper Key Stage 2) and invited to withdraw their children if they feel this is appropriate or attend the lessons if they feel they would like to know what is taught and the subsequent discussions.

Child Protection and confidentiality

Staff need to be aware that effective SRE programme, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a child protection issue. The staff member will inform the designated safeguarding officer in line with the school procedures. A member of staff cannot promise confidentiality.

How will the SRE programme be monitored and evaluated?

- The input of visitors is monitored and evaluated by staff and pupils. This evaluation informs future planning.
- Information from staff, questionnaire results and quantitative data will feed into the review of this policy to ensure effectiveness
- The policy will be monitored by the Headteacher and the governors

Related Documents

PSHE Policy, Anti-bullying policy, Safeguarding Policy, Teaching and Learning

